Hi everyone,

Next Tuesday is the Dance workshop day at The Channon Public School with teachers from the HighSchools. This is all part of the Rivers P-12 College inititative. Students will also be involved in other activities on the day as well including Tyko Drumming.

The Channon School has also combined this day with their Book Week activities and will be having a Book Character Parade on the day. We have been asked to join in. Students can dress as their favourite character for the day, however, they still need to be able to participate in dance activities and must wear sensible clothing and shoes. The parade will not be until 11:30, so if students would like to bring their costumes to change into for the parade, rather than wear them all day, then they can. There will be 4 prizes overall for best dressed: pre-schooler; K/1/2; 3/4 and 5/6. (Students must be dressed as a book character to be eligible for a prize). There will be NO CANTEEN on the day, so please bring a packed lunch and water bottle.

If you are struggling to find a suitable costume please contact Miss Jodie (Wednesday at Whian Whian PS; or Friday at Tuntable Ck PS) as she has many options available at her home (costume hire $5 per full outfit).

Students are to meet Miss Jodie at 9:00am at The Channon Public School front gate. Students can catch the bus home on the 2:30 bus run or picked up from the school. Please advise the school before the day on your child’s travel arrangements.

Today is the last day to have stickers in for our Woolworths Earn and Learn competition. Thank you to all who have sent stickers in. Now the fun of counting them all up to see what we can get for our school begins.

I have attached the guidelines our students came up with for successful learning in our class and a poster on Mindsets.

P and C meeting will go ahead on Monday, 14th September at 2:30. Hope to see you all then.

Alison Bath
Seeing Daylight

Why is short-sightedness ("myopia") becoming so common in many countries? 30 - 40% and rising in the US, Europe and Australia? Too much reading? Too much screen time? It would appear that myopia, once rare in human beings, is the result of too much artificial light and not enough natural daylight, which is a thousand times stronger and has more blue and green wavelengths. Children who spend more time outdoors have sharper eyesight than those who play indoors, research from Queensland, Taiwan and Denmark have all revealed, and the mechanism is that artificial light weakens the eyeball's focussing mechanism. The answer: get your children outdoors for an hour a day, which is enough to improve eyesight in the growing years.

Water Lab Wednesday - September 23rd and 30th
School Holiday water science experiments, investigations and games.
Find old favourites and new water challenges. Search for hidden water deep underground; sip water with a mega straw; make water play tricks on your eyes and brain and solve a giant jigsaw mystery!
Suitable for 5 to 12 year olds.
Dorroughby Environmental Education Centre - 2101 Dunoon Road, Dorroughby
10am to 3pm, last entry 2pm
No bookings needed
Details: www.watersciencelab.com.au